

## Chapter 475 Searching For Some Herbs

Trevor and Luisa had spent their first night on the uninhabited island, and now it was a new day.

A faint cough woke Trevor from a beautiful dream.

When he opened his eyes, he immediately saw Luisa's sleeping face.

Her looks were very charming even though she didn't use any cosmetics.

However, Trevor immediately realized that something was wrong.

Luisa's body was warmer than usual.

Her face was red, and she groaned from time to time.

With a slight frown, Trevor pressed a hand over her forehead to check her temperature.

It was as if her skin was on fire!

Luisa had a fever!

Trevor smiled wryly. The irony of their situation was not lost on him.

After dealing with the leopard, they had taken off their wet clothes and hung them over the fire to dry to avoid getting chilled—and yet Luisa still caught a fever.

There was no time to delay!

Trevor frowned. He needed to find some medicine for Luisa!

He gently withdrew his arms from around Luisa and shuffled out of their makeshift bed. He moved slowly so as not to wake her, but her eyes opened anyway.

"Hmm... Where are you going, Trevor?"

Luisa lifted her head slightly, causing her coat to slip off one shoulder.

With her pink complexion and one of her shoulders exposed, she looked particularly beautiful.

However, her voice was pitifully weak.

Trevor gently carded his fingers through her hair and explained, "You have a fever, Luisa, so you should sleep some more. I'll go find some herbs for you."

Luisa was also aware that something was off about her condition because she felt hot all over. She smiled apologetically at him.

Trevor stood up and walked towards the

entrance of the cave.

He then turned around and handed his M2000 pistol to Luisa.

After teaching Luisa how to use it, Trevor left the cave feeling a little more at ease.

The skies had cleared up after yesterday's storm.

Trevor left a mark under a big tree in front of the cave and explored the dense forest.

About half an hour later, he came to a stream.

He had kept an eye out for any herbs along the way, but he failed to find anything useful.

It was Bradley who had taught Trevor some things about natural medicine.

The stream was very clean, and the clear rushing noise it made was pleasant to hear. Dew dripped from the treetops.

If there was a stream, that had to mean that there were mushrooms or wild grass nearby.

The chance of finding herbs was higher.

After walking along the stream, Trevor found something that made him gasp and then smile.

"That looks like *Houttuynia cordata*, also known as fish mint. It can be used as



medicine to help alleviate fevers and detoxify the body!'

Unfortunately, Trevor only had an idea of what a fish mint plant looked like because of what Bradley had told him.

He was not entirely sure if these weed-looking plants were really fish mint.

After a moment's hesitation, Trevor came to a decision.

For Luisa's sake, he needed to check if his hunch was right.

Trevor dug out a few plants that looked like fish mint.

After washing them in the stream, he popped some of its leaves into his mouth.

Trevor had not eaten much all day so he was quite hungry. He plucked the leaves and stuffed it into his mouth with gusto.

If the plants he found turned out to be fish mint, he could use it not only as medicine but also as food.

After a few bites, he frowned.

'Ugh... It tastes really weird.'

However, as soon as he thought that, Trevor waved his arm in excitement.

Just as the name implied, a faint fishy taste began to spread in his mouth.

This proved that the plant he found was fish mint! ①